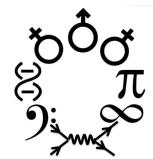
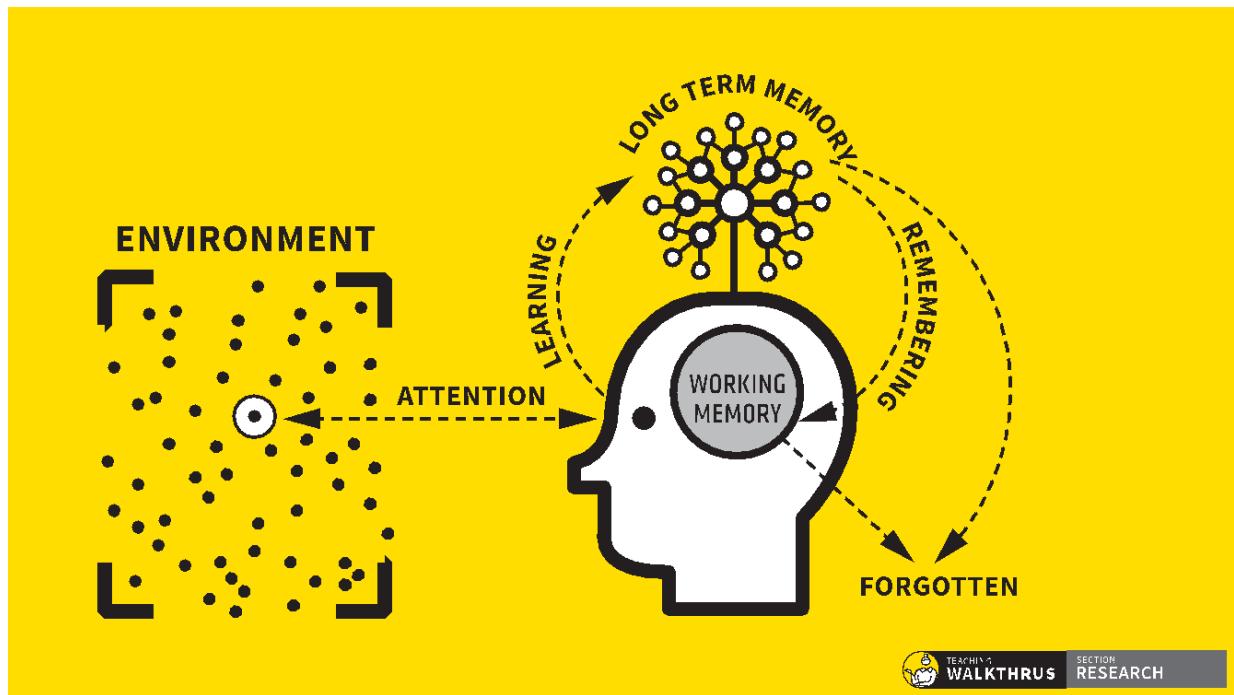
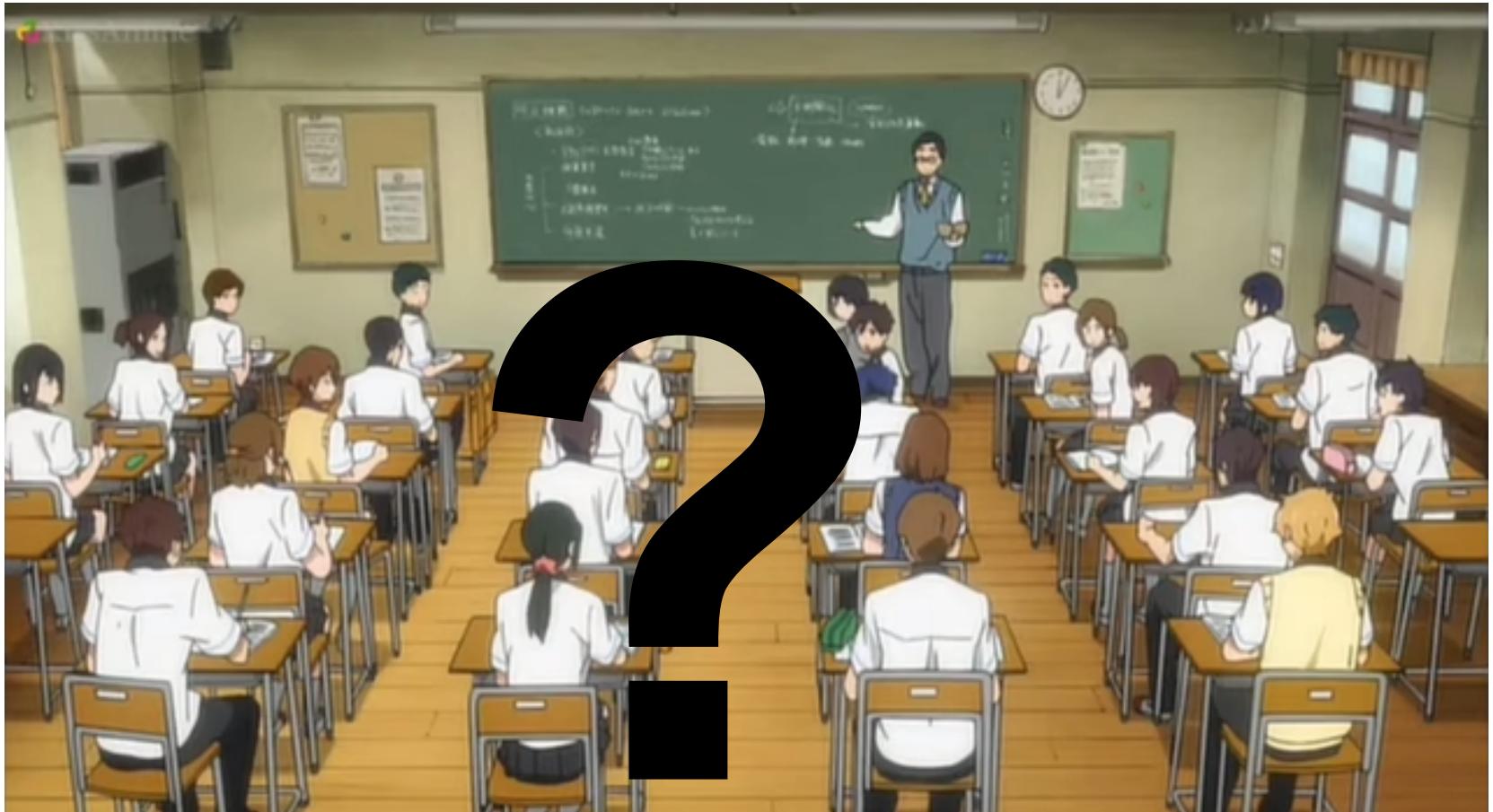


# Evidence informed? The power of a learning model



Tom Sherrington  
@teacherhead  
teacherhead.com





What's going on?  
What works?



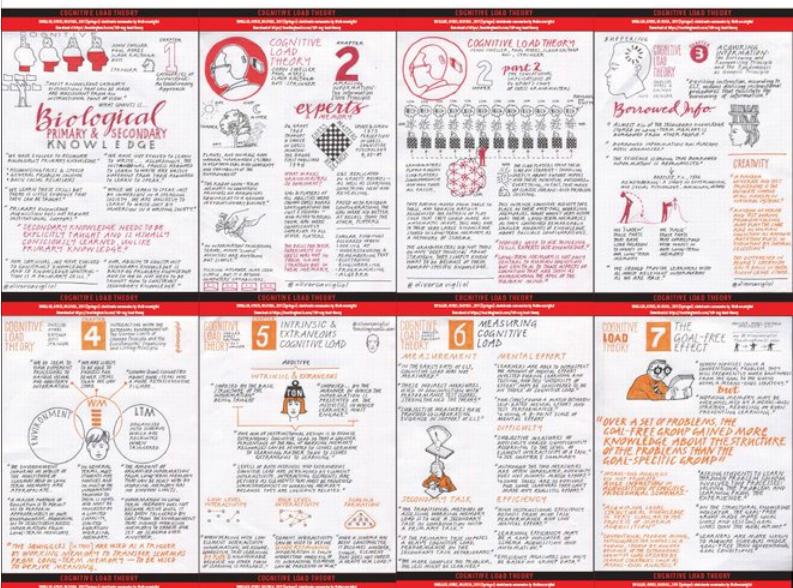
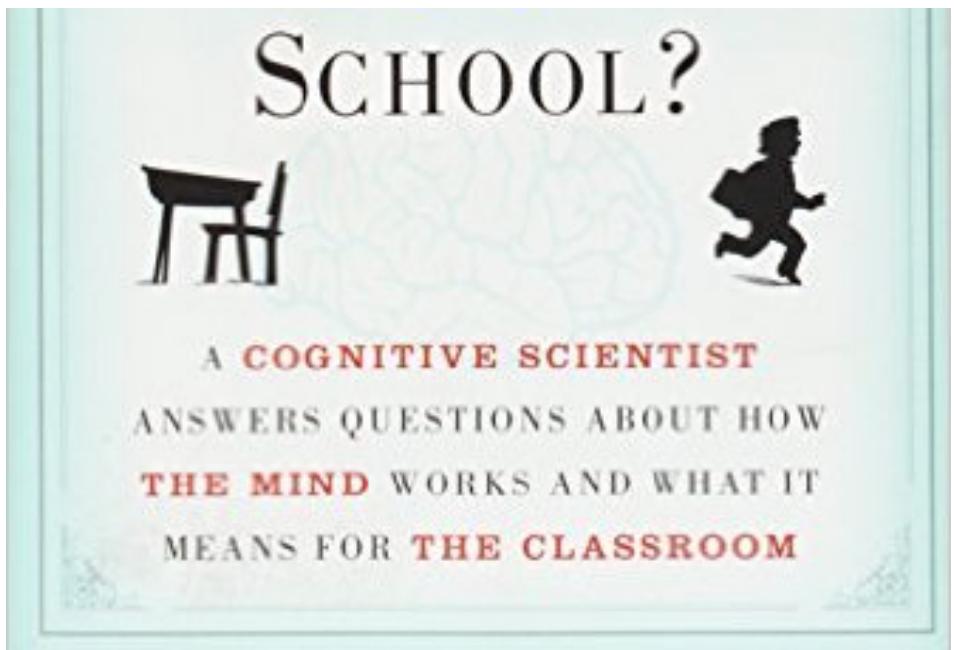
# ‘Evidence-informed wisdom’



DANIEL T.  
WILLINGHAM

# WHY DON'T STUDENTS

Willingham:  
Why don't students like school?



Sweller:  
Cognitive Load Theory



# Daniel Willingham:

WHY DO STUDENTS FORGET EVERYTHING I SAY? 55

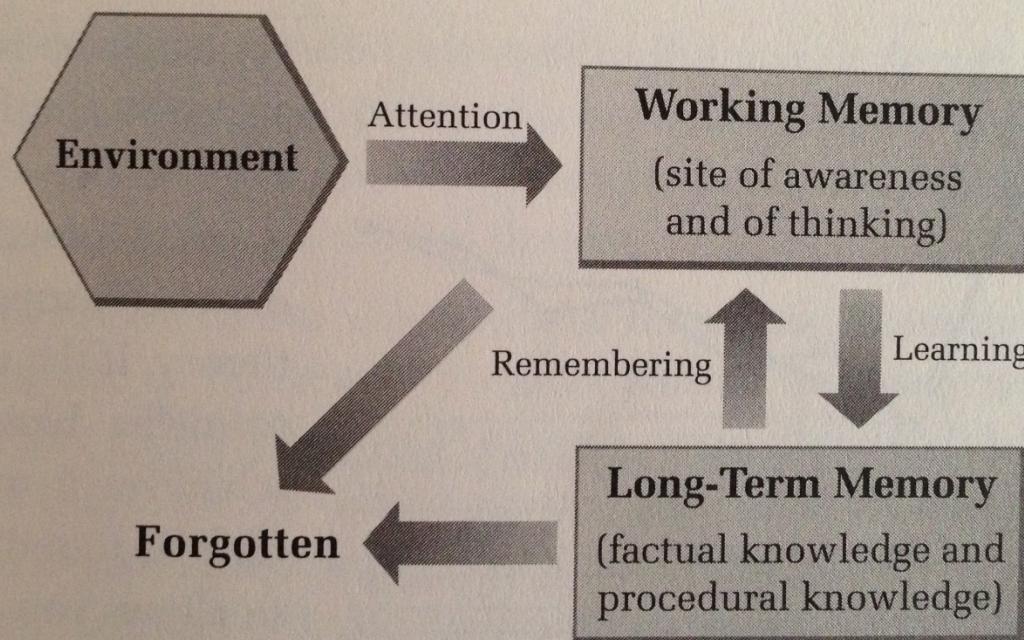


FIGURE 1: A slightly modified version of our simple diagram of the mind.

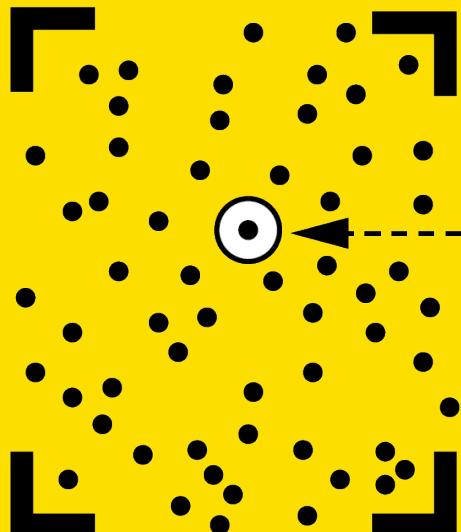


# Daniel Willingham.

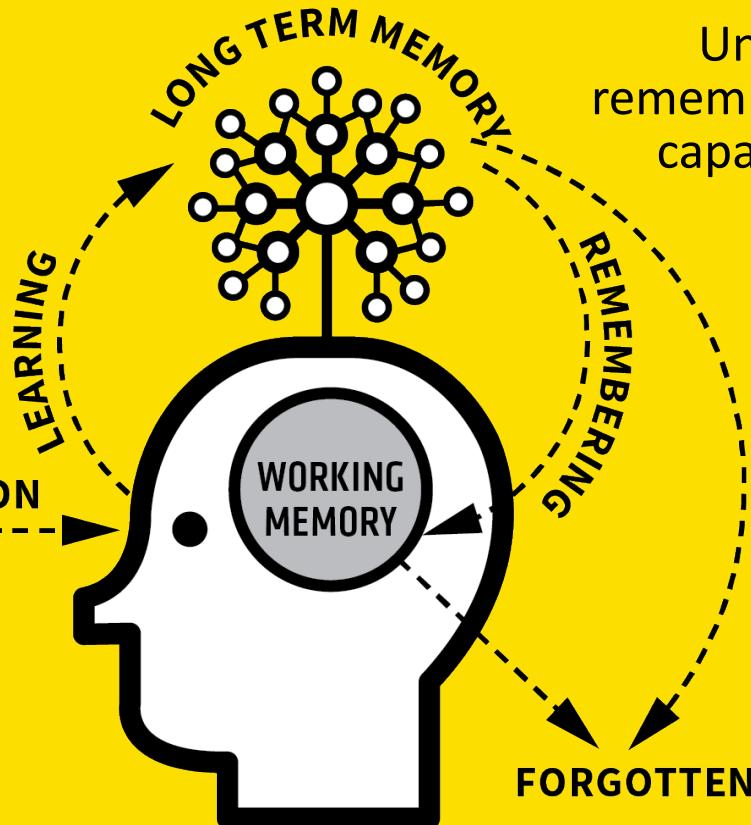


Memory is the residue of thought

ENVIRONMENT



ATTENTION



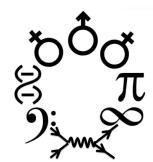
Power of stories

Understanding:  
remembering in disguise;  
capacity to explain.

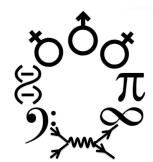
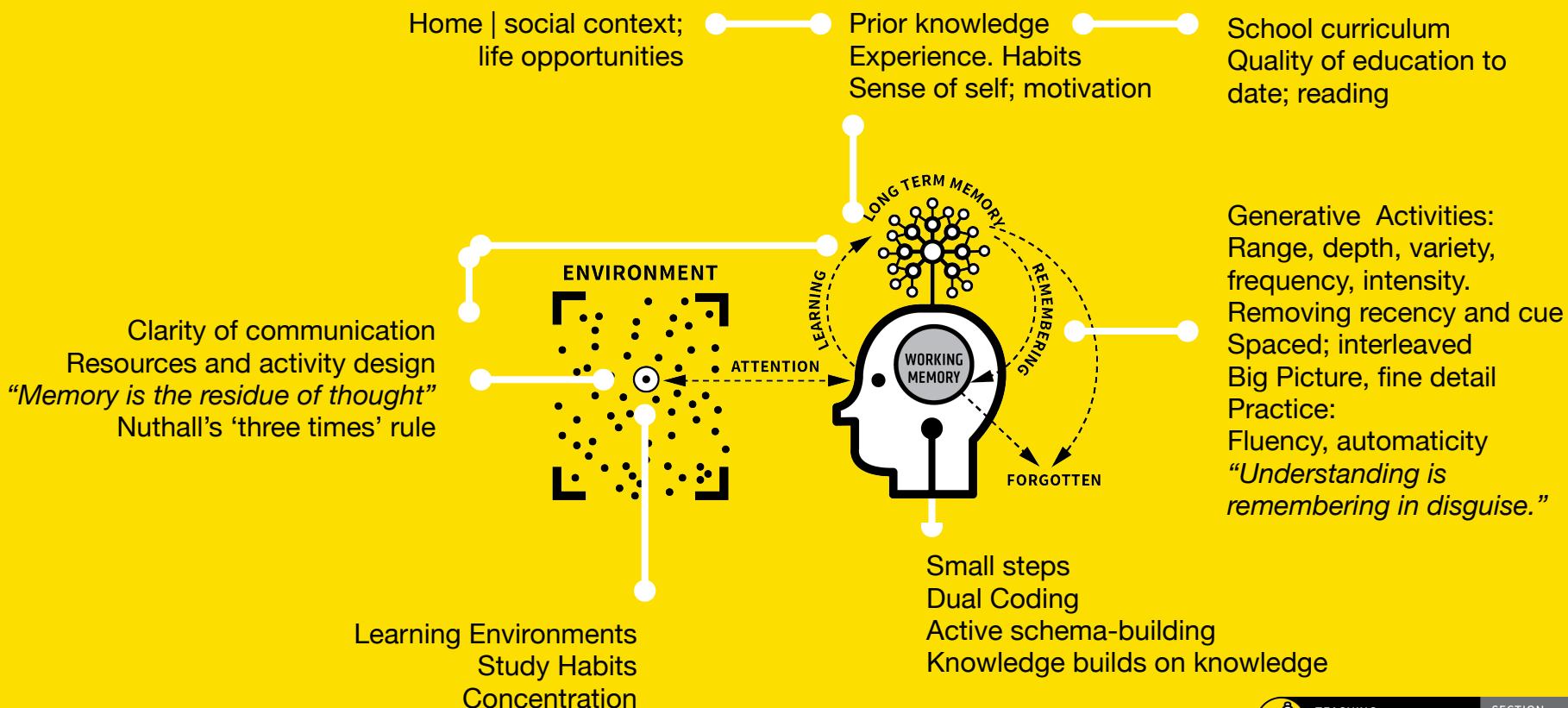
Drills for  
fluency

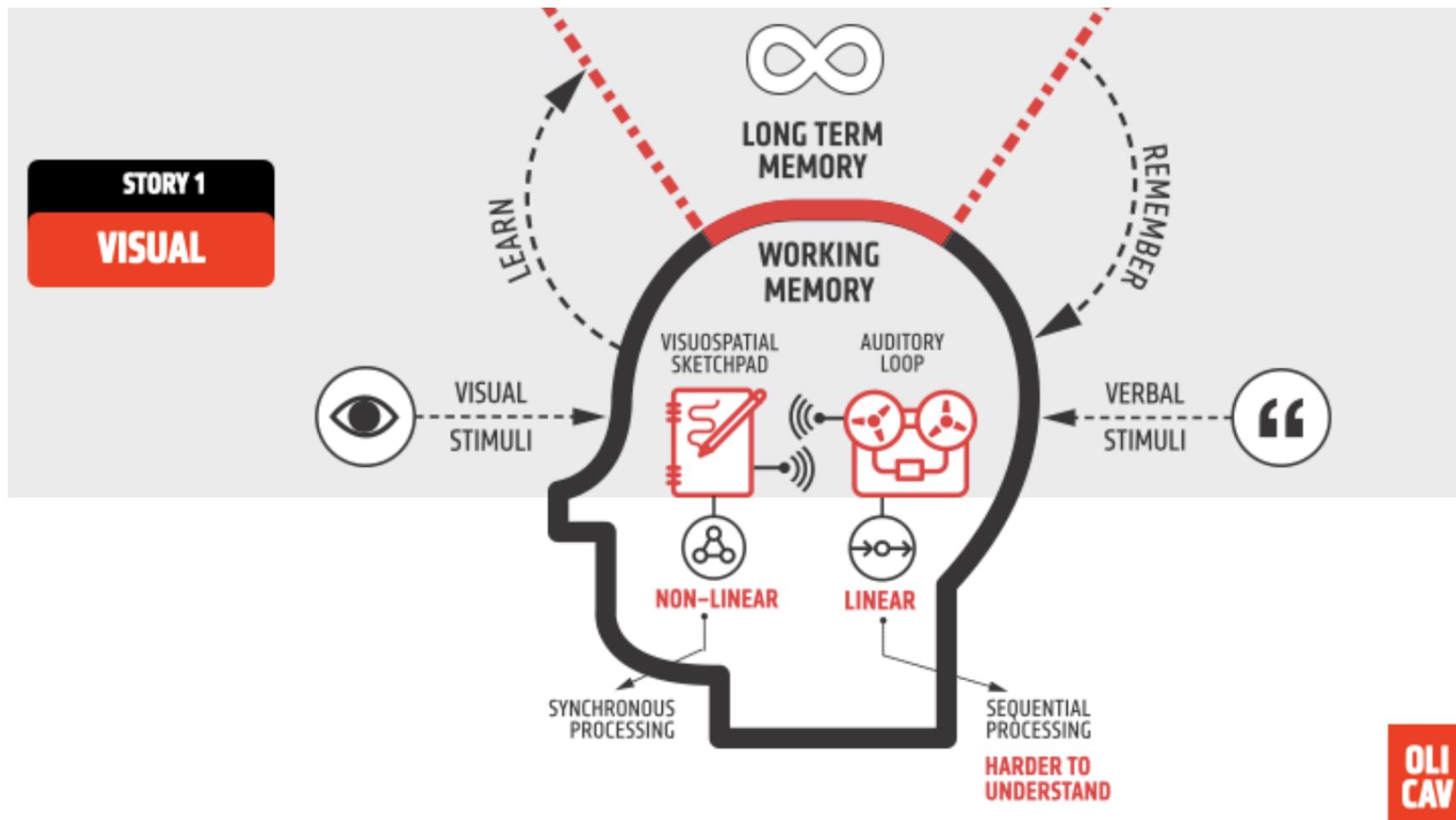


SECTION  
RESEARCH



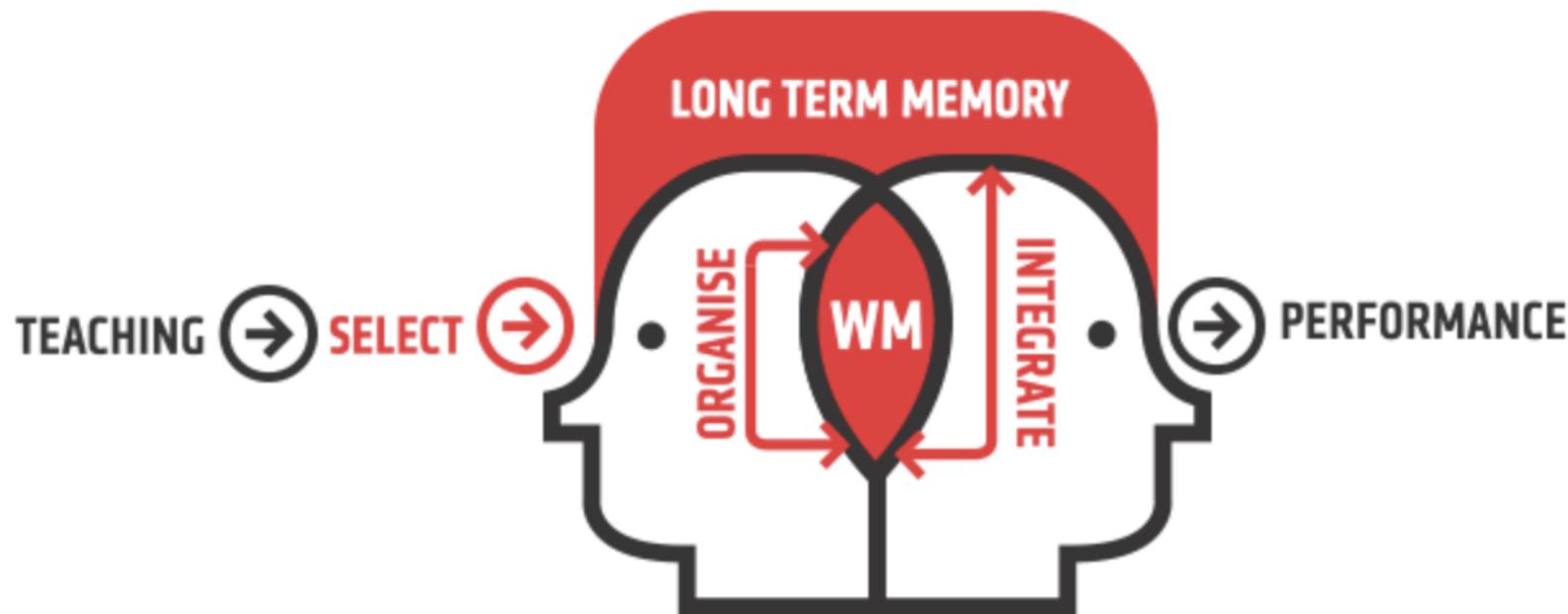
# Further layers of complexity...



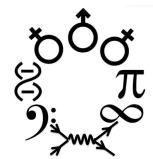


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## THE S-O-I MODEL

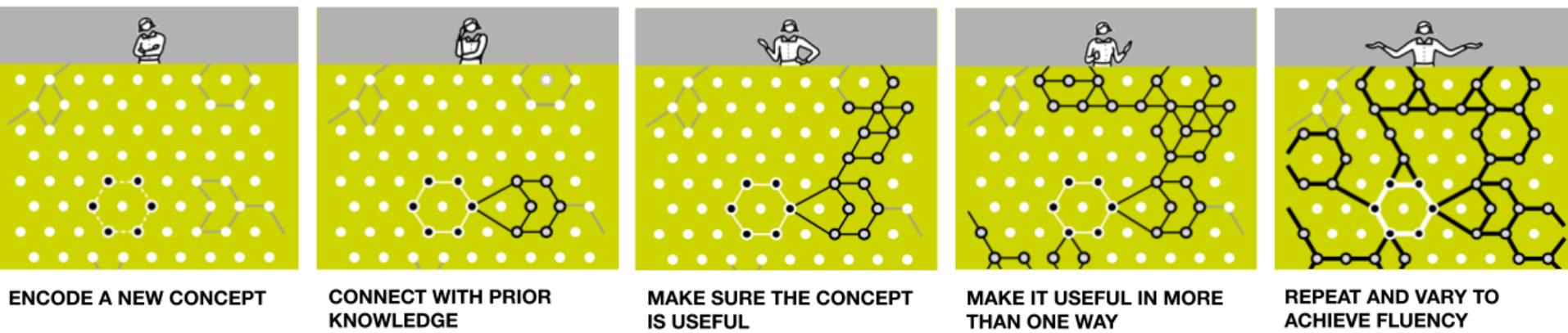


OLI  
CAV



# HOW MEMORIES ARE CONSTRUCTED: A MODEL

1 2 3 4 5



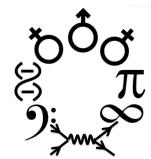
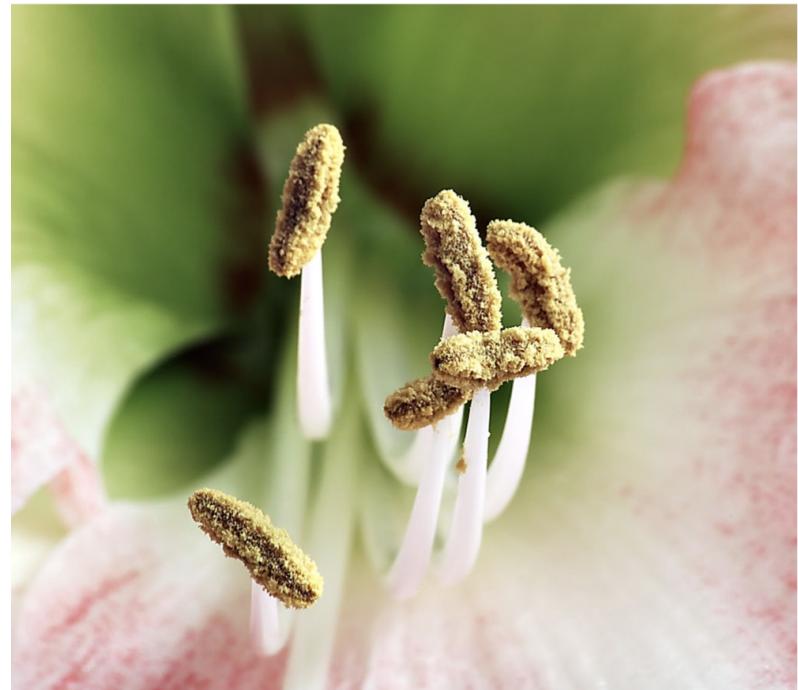
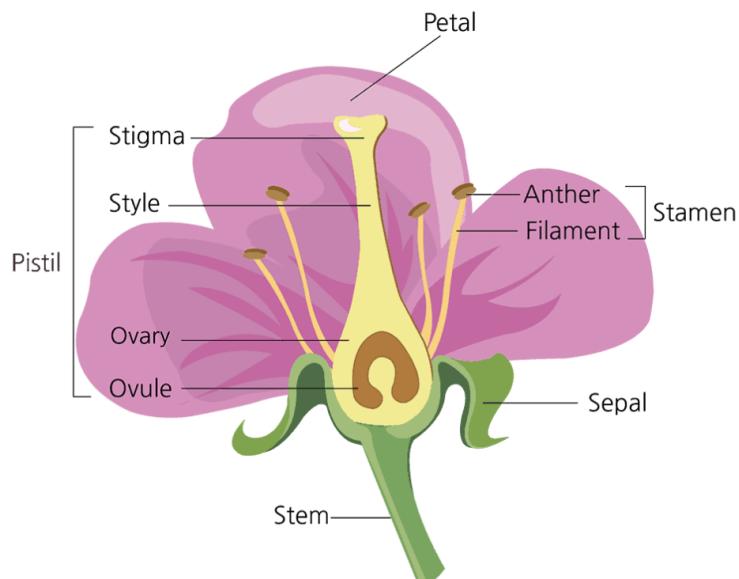
From Efrat Furst in Walkthrus Volume 3

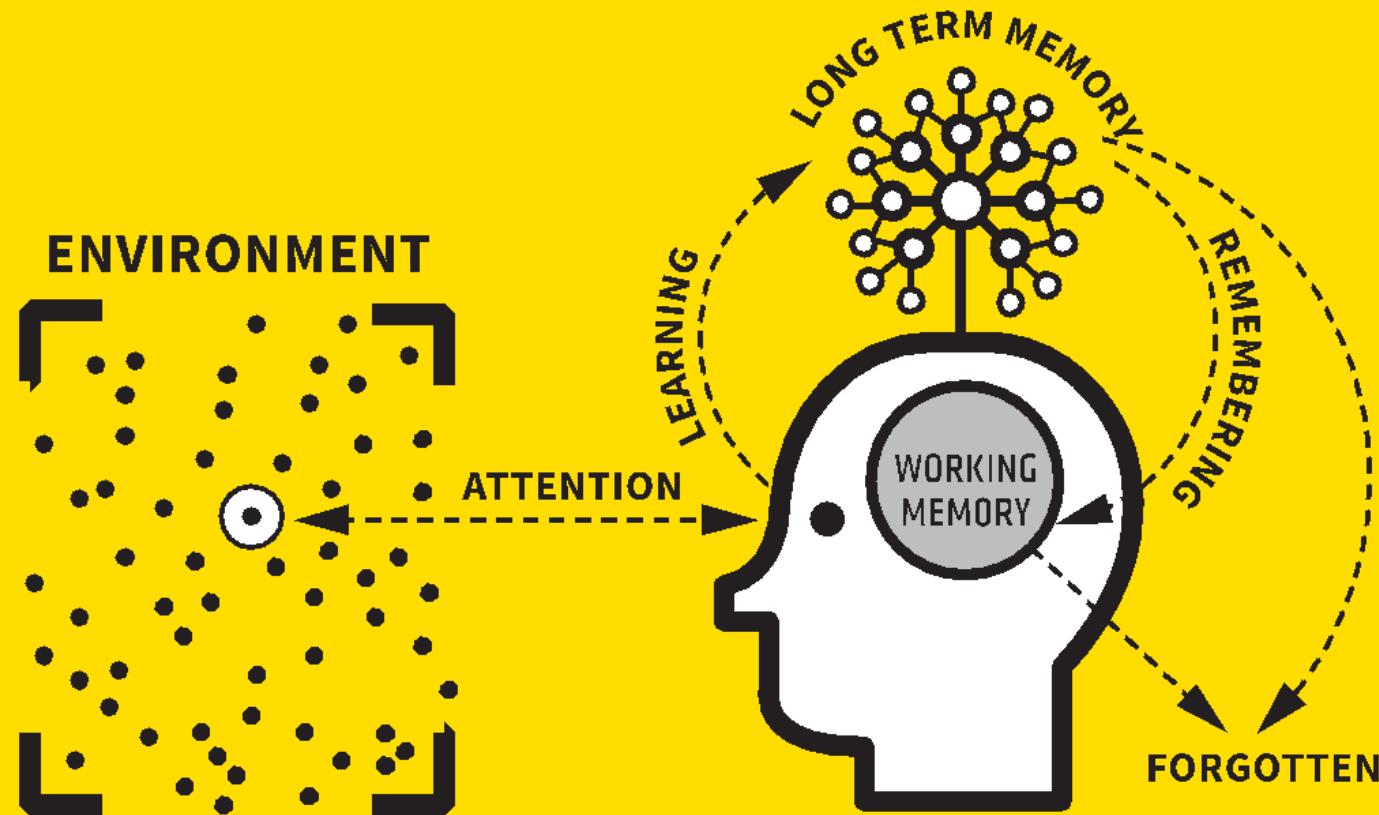
Rehearsal first; retrieval practice later



# What is a stamen? What does it do?

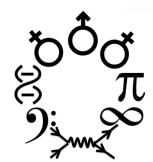
## STAMEN: ANTER AND FILAMENT



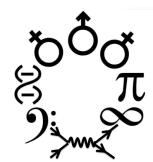
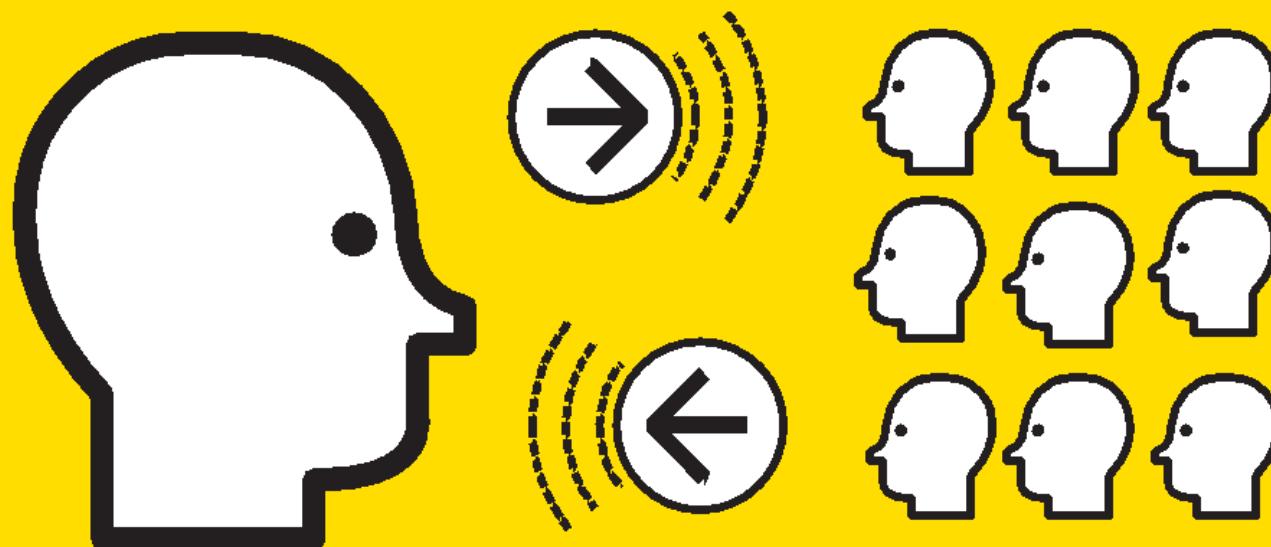


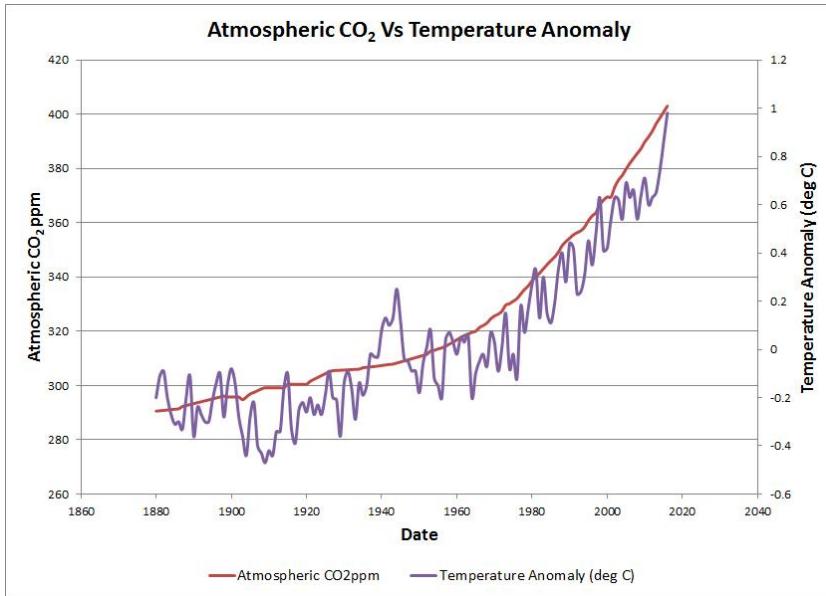
TEACHING  
WALKTHRUS

SECTION  
RESEARCH

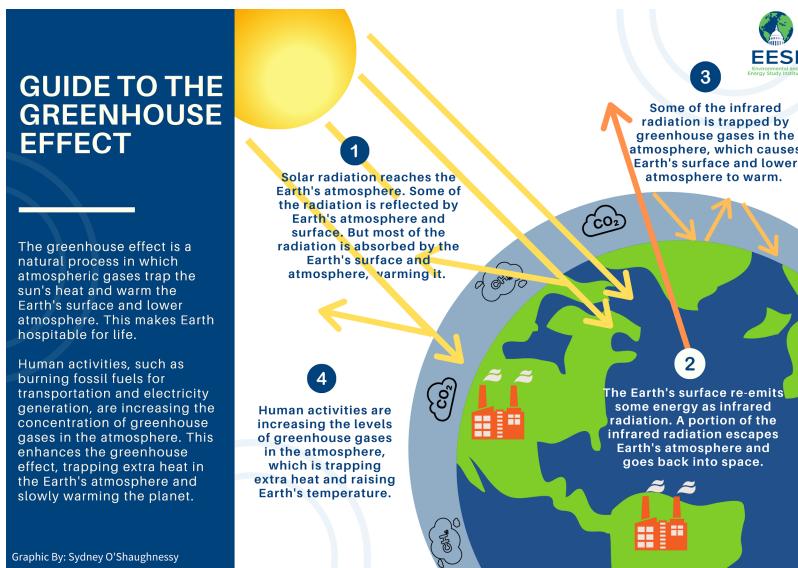


# MESSAGE SENT

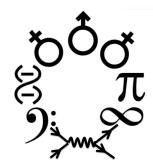




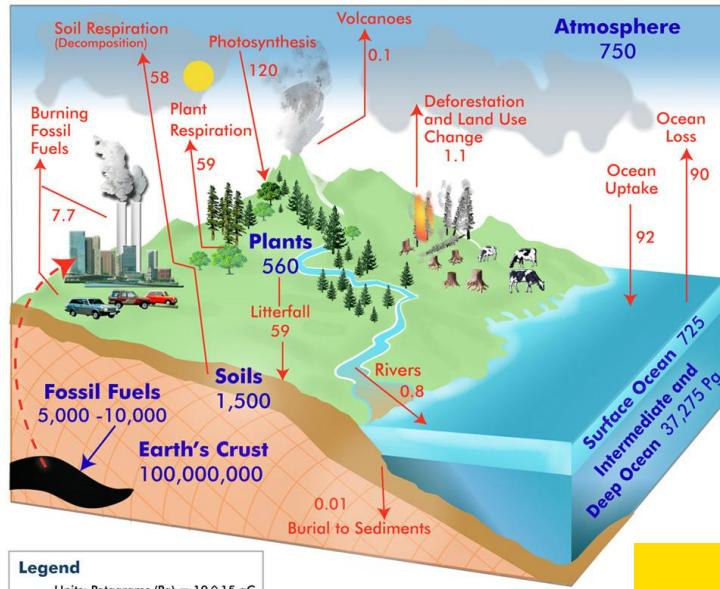
What's the link between the greenhouse effect and global warming?



Why do we need wind farms?

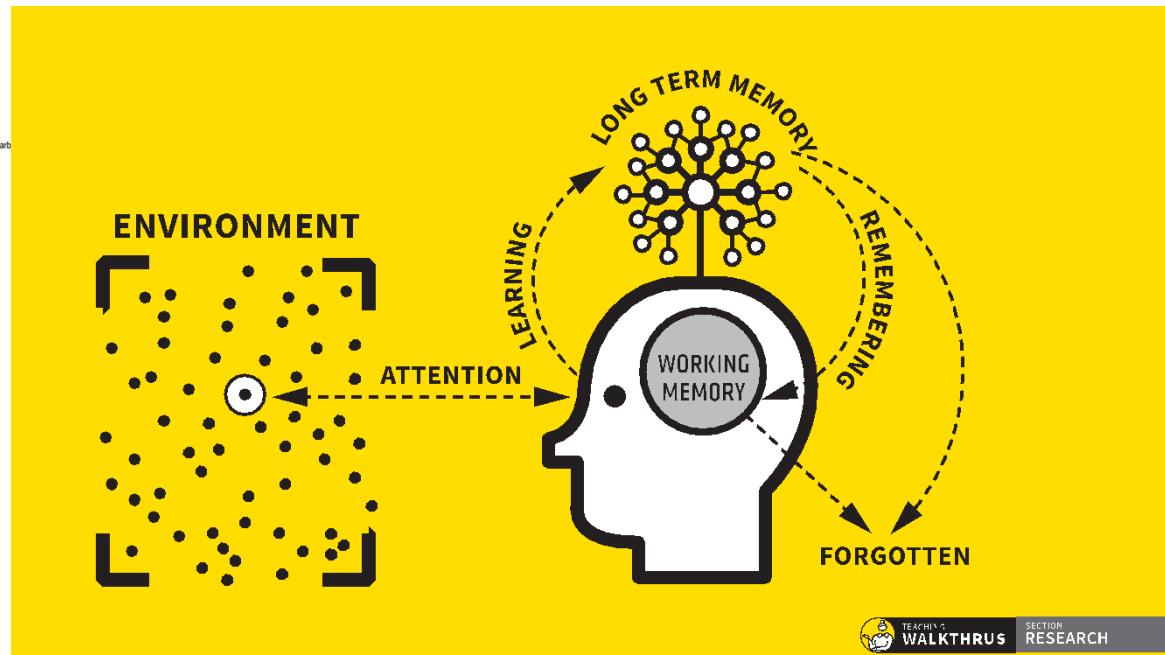


# Global Carbon Cycle



Copyright 2010 GLOBE Carbon Cycle Project, a collaborative project between the University of New Hampshire, Charles University and the GLOBE Program Office.  
Data Sources: Adapted from Houghton, R.A. Balancing the Global Carbon Budget. Annu. Rev. Earth Planet. Sci. 007:35:313-347, updated emissions values are from the Global Carbon Project.

# Curriculum as schema-building

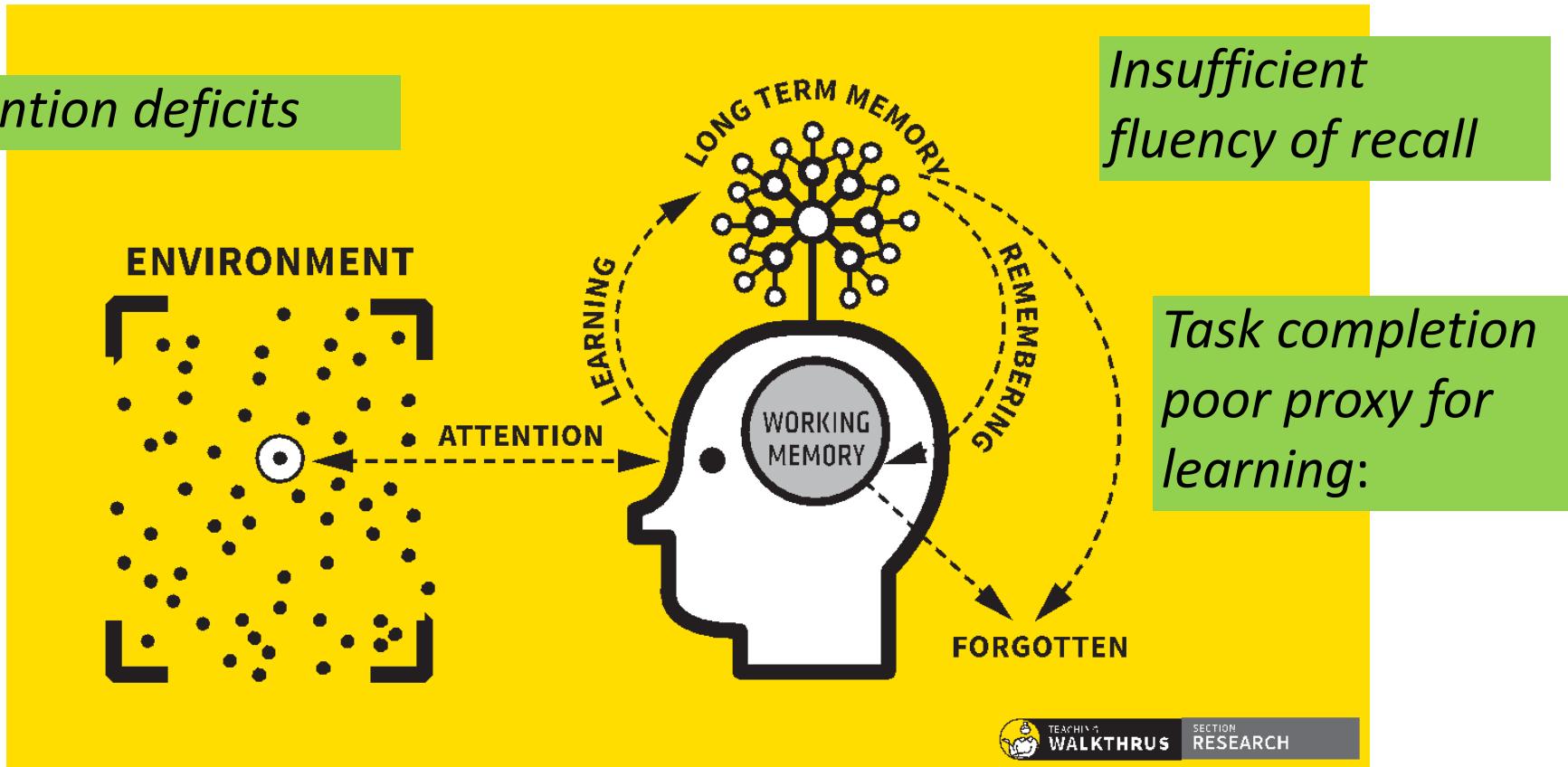


## *Lack of prior knowledge*

*Attention deficits*

*Insufficient fluency of recall*

*Task completion poor proxy for learning:*



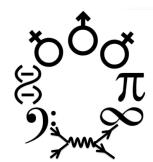
*Memory overload:*



TEACHING  
WALKTHRU'S



SECTION  
RESEARCH





## PROFESSOR ARTHUR SHIMAMURA'S A WHOLE-BRAIN LEARNING APPROACH FOR STUDENTS AND TEACHERS

**M****MOTIVATE**

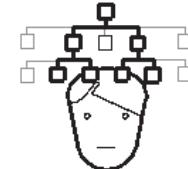
We need to be motivated to use energy to keep focused on the learning process. Designed well, motivation can be intrinsic to learning, for example, by generalizing curiosity, learning new material as a quest to answer big questions, organizing ideas within a wider schema, story-telling and asking the 'aesthetic question': "What do you think? How does it make you feel? Why is it good?" "The aesthetic question engages emotional brain circuits and forces us to attend to and organize our knowledge."

**A****ATTEND**

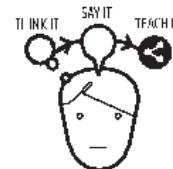
Academic learning is a 'top-down' activity whereby we consciously attend to the information needed to build our schema from all the stimuli we're exposed to. This is hard so 'mind wandering' is common and teachers need to expect it. Ideally students will consciously attend to the learning goals and consciously make connections – but sometimes an instructor needs grab attention, acting as their students' prefrontal cortex to direct their top-down processing.

**R****RELATE**

Shimamura offers numerous biological insights about how we store and connect information through memory consolidation. The practical strategies include deploying elaborate-interrogative questioning – asking how and why – using mental images, analogies, constructing concept maps as schematic representations of sets of connected ideas and training students to make notes organized in hierarchical structures.

**G****GENERATE**

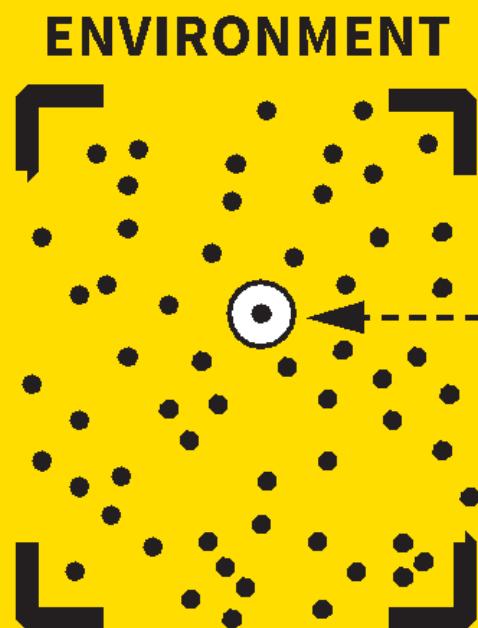
Shimamura suggests: "Think it, say it, teach it! These are the simplest things to do to improve your memory". He details multiple ways in which our memories are strengthened when we generate information from our memory, not simply restating it but using our own words. If we tell someone what we've learned we can improve our memory by 30-50%. Exclaimed in terms of brain functions, Generate reinforces the widely known retrieval practice concept.

**E****EVALUATE**

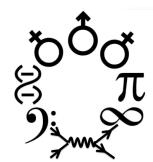
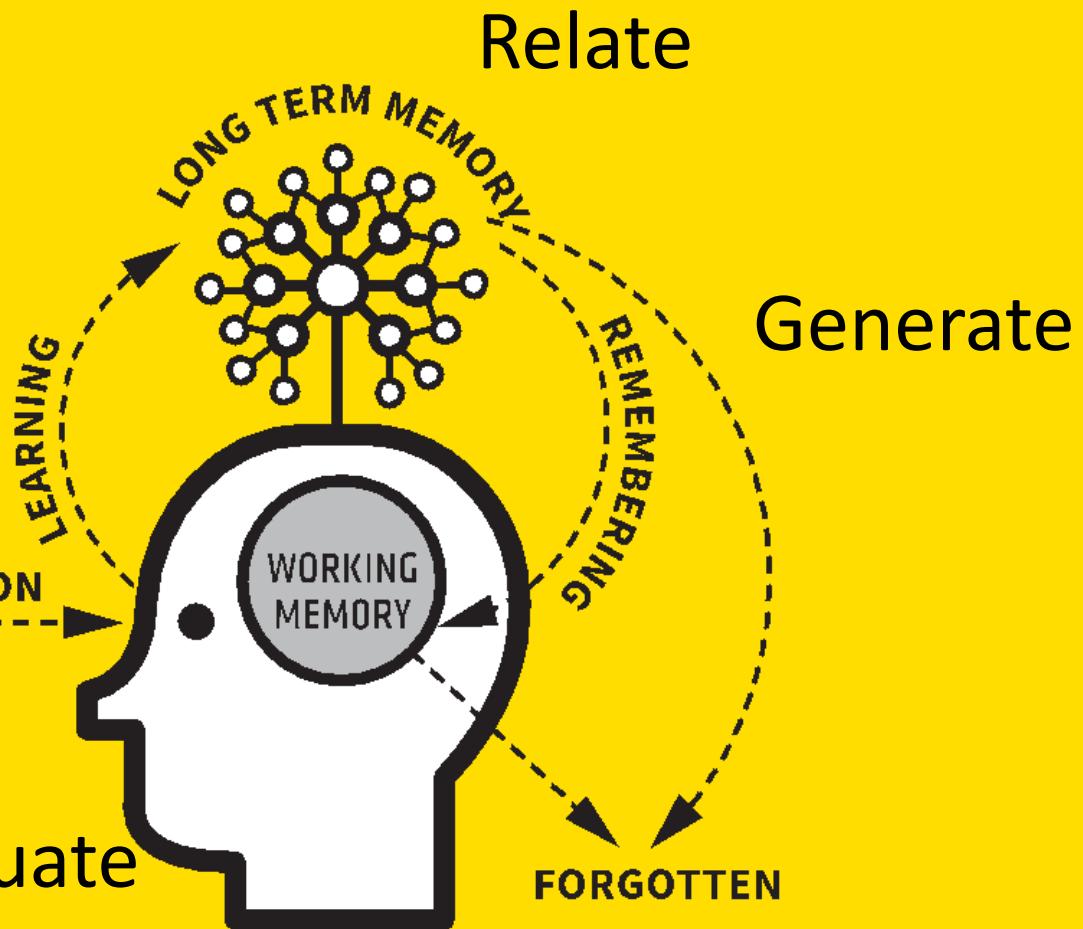
This is the territory of metacognition with a nice metaphor of the prefrontal cortex acting as the conductor of the orchestra of brain functions. There's a problem with the illusion of knowing when we are familiar with information even when we cannot fully recollect it. We stop trying to learn more if we kid ourselves into thinking we already know it. Students should, therefore, be taught to check their understanding using spaced retrieval practice, generating information by explaining their learning to others as a form of self-test.



Motivate, Attend.

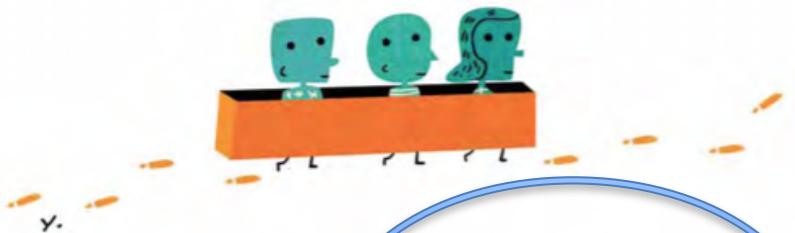


Evaluate



# Principles of Instruction

Research-Based Strategies That All Teachers Should Know



BY BARAK ROSEN SHINE

**T**his article presents 10 research-based principles of instruction, along with suggestions for classroom practice. These principles come from three sources: (a) research in cognitive science, (b) research on master teachers, and (c) research on cognitive supports. Each is briefly explained below.

*A: Research in cognitive science:* This research focuses on how our brains acquire and use information. This cognitive research also provides suggestions on how we might overcome the limitations of our working memory (i.e., the mental "space" in which thinking occurs) when learning new material.

*B: Research on the classroom practices of master teachers:* Master teachers are those teachers whose classrooms made the highest gains on achievement tests. In a series of studies, a wide range of teachers were observed as they taught, and the investigators coded how they presented new material, how and whether they checked for student understanding, the types of support they provided to their students, and a number of other instructional activities. By also gathering student achievement data, researchers were able to identify the ways in which the more and less effective teachers differed.

*C: Research on cognitive supports to help students learn complex tasks:* Effective instructional procedures—such as thinking aloud, providing students with scaffolds, and providing students with models—come from this research.

ILLUSTRATION BY JAMES SWAN

*Barak Rosenshine is an emeritus professor of educational psychology in the College of Education at the University of Illinois at Urbana-Champaign. A distinguished researcher, he has spent much of the past four decades identifying the hallmarks of effective teaching. He began his career as a high school history teacher in the Chicago public schools. This article is adapted with permission from Principles of Instruction by Barak Rosenshine. Published by the International Academy of Education in 2010, the original report is available at [www.iae.unesco.org/filesadmin/user\\_upload/Publications/Educational\\_Practices/EdPractices\\_21.pdf](http://www.iae.unesco.org/filesadmin/user_upload/Publications/Educational_Practices/EdPractices_21.pdf).*

Even though these are three very different bodies of research, there is *no conflict at all* between the instructional suggestions that come from each of these three sources. In other words, these three sources supplement and complement each other. The fact that the instructional ideas from three different sources supplement and complement each other gives us faith in the validity of these findings.

Education involves helping a novice develop strong, readily accessible background knowledge. It's important that background knowledge be readily accessible, and this occurs when knowledge is well rehearsed and tied to other knowledge. The most effective teachers ensured that their students' recently acquired, rehearsed, and connected background knowledge by providing a good deal of instructional support. They provided this support by teaching new material in manageable amounts, modeling, guiding student practice, helping students when they made errors, and providing for sufficient practice and review. Many of these teachers also went on to experiential, hands-on activities, but they always did the experiential activities *after*, not before, the basic material was learned.

The following is a list of some of the instructional principles that have come from these three sources. These ideas will be described and discussed in this article:

- Begin a lesson with a short review of previous learning.<sup>1</sup>
- Present new material in small steps with student practice after each step.<sup>2</sup>
- Ask a large number of questions and check the responses of all students.<sup>3</sup>
- Provide models.<sup>4</sup>
- Guide student practice.<sup>5</sup>
- Check for student understanding.<sup>6</sup>
- Obtain a high success rate.<sup>7</sup>
- Provide scaffolds for difficult tasks.<sup>8</sup>
- Require and monitor independent practice.<sup>9</sup>
- Engage students in weekly and monthly review.<sup>10</sup>

Even though these are three very different bodies of research, there is *no conflict at all* between the instructional suggestions that come from each of these three sources.



# PRINCIPLES OF INSTRUCTION



A thematic interpretation for teachers by Tom Sherrington  
@teacherhead

VISUALISED BY  
**OLI CAV**  
Oliver Caviglioli  
@olikav



Daily review is important in helping to resurface prior learning from the last lesson. Let's not be surprised that students don't immediately remember everything. They won't! It's a powerful technique for building fluency and confidence and it's especially important if we're about to introduce new learning — to activate relevant prior learning in working memory.

## QUESTIONING

③ Ask questions

⑤ Check for student understanding



The main message I always stress is summarised in the mantra: ask more questions to more students in more depth. Rosenshine gives lots of great examples of the types of questions teachers can ask. He also reinforces the importance of process questions. We need ask how students worked things out, not just get answers. He is also really good on stressing that asking questions is about getting feedback to us as teachers about how well we've taught the material and about the need to check understanding to ensure misconceptions are flushed out and tackled.

## SEQUENCING CONCEPTS & MODELLING

② Present new material using small steps

④ Provide models

⑥ Provide scaffolds for difficult tasks



Small steps — with practice at each stage. We need to break down our concepts and procedures (like multi-stage maths problems or writing) into small steps so that each can be practised.

Models — including the importance of the worked-example effect to reduce cognitive load. We need to give many worked examples; too often teachers give too few.

Scaffolding is needed to develop expertise — a form of mastery coaching, where cognitive supports are given — such as how to structure extended writing — but they are gradually withdrawn. The sequencing is key. Stabilisers on a bike are really powerful aids to the learning and confidence building — but eventually they need to come off.

⑤ Guide student practice

⑦ Obtain a high success rate

⑨ Independent practice



Teachers need to be up close to students' initial attempts, making sure that they are building confidence and not making too many errors. This is a common weakness with less effective teachers'. Guided practice requires close supervision and feedback.

High success rate — in questioning and practice — is important. Rosenshine suggests the optimum is 80%. i.e. high! Not 95-100% (too easy). He even suggests 70% is too low.

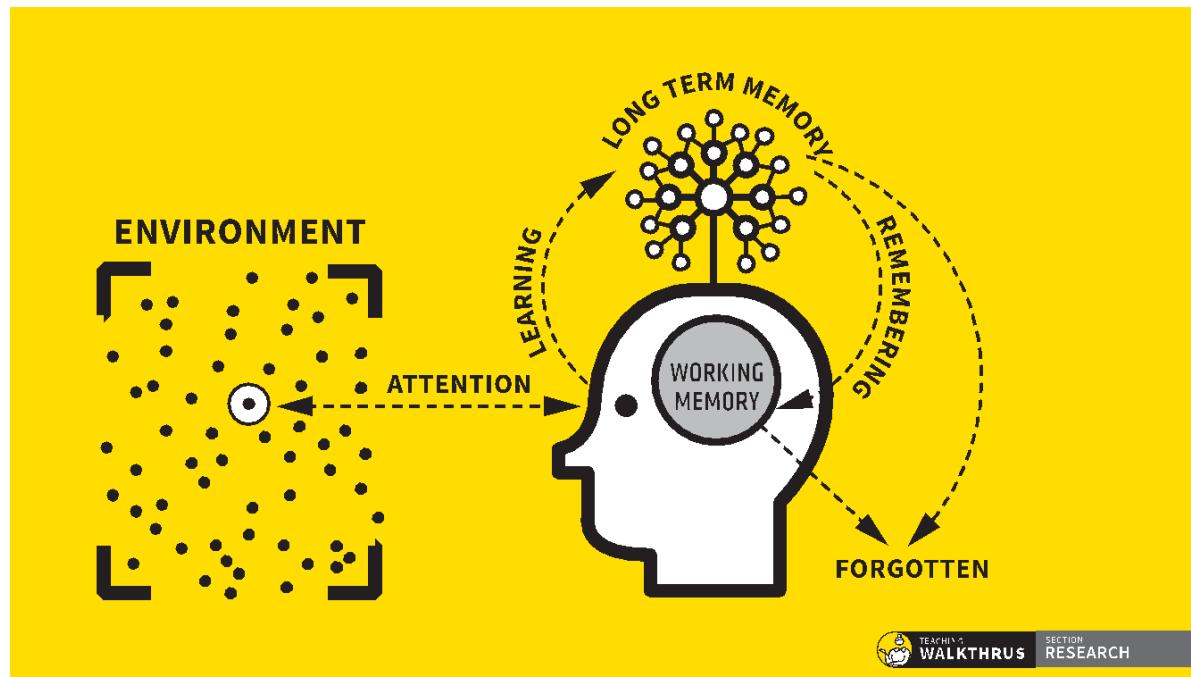
Independent, monitored practice. Successful teachers make time for students to do the things they've been taught, by themselves... when they're ready. "Students need extensive, successful, independent practice in order for skills and knowledge to become automatic"

# Spaced and interleaved review; retrieval practice

## Lots of questions and checking for understanding

## New material in small steps — working memory is small Models and scaffolds

## Practice — from guided to independent High success rate

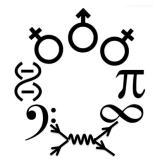


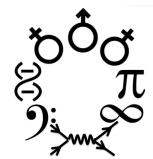
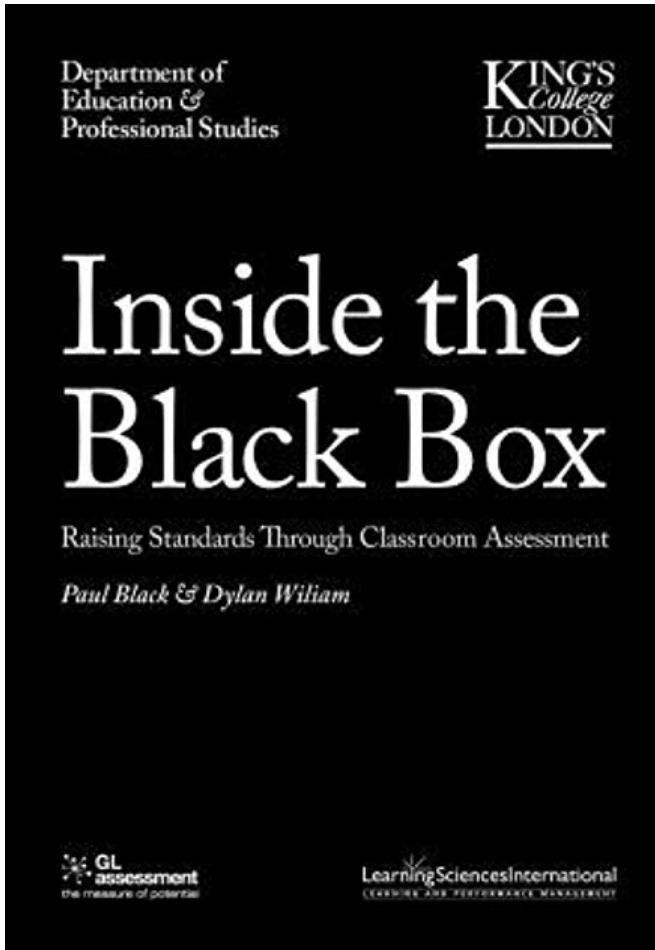
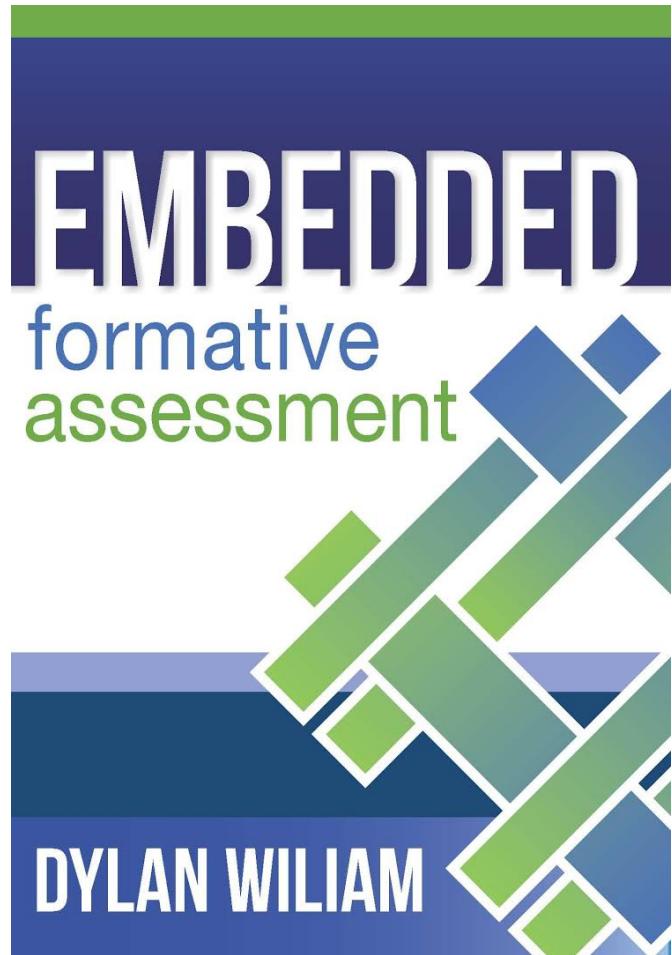
**Reviewing material**

**Questioning and checking for understanding**

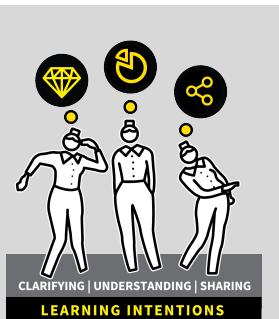
**Sequencing concepts; modelling; scaffolding**

**Stages of practice**

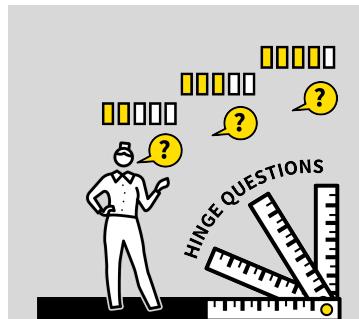




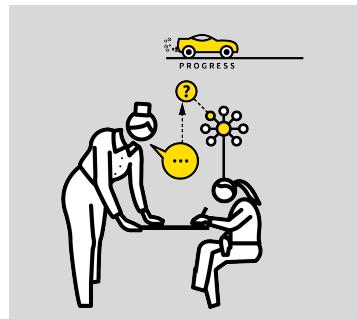
# WILLIAM'S 5 FORMATIVE ASSESSMENT STRATEGIES



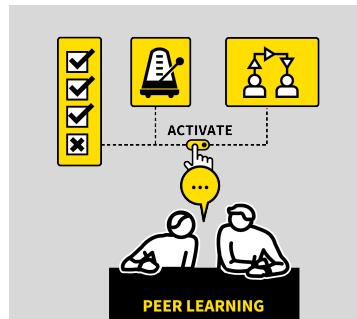
CLARIFY LEARNING INTENTIONS



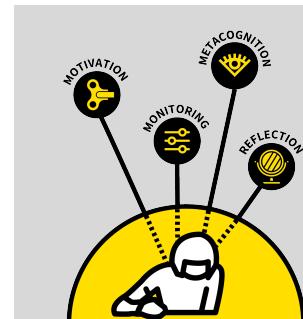
ELICIT EVIDENCE OF LEARNING



FEEDBACK THAT MOVES LEARNERS FORWARD

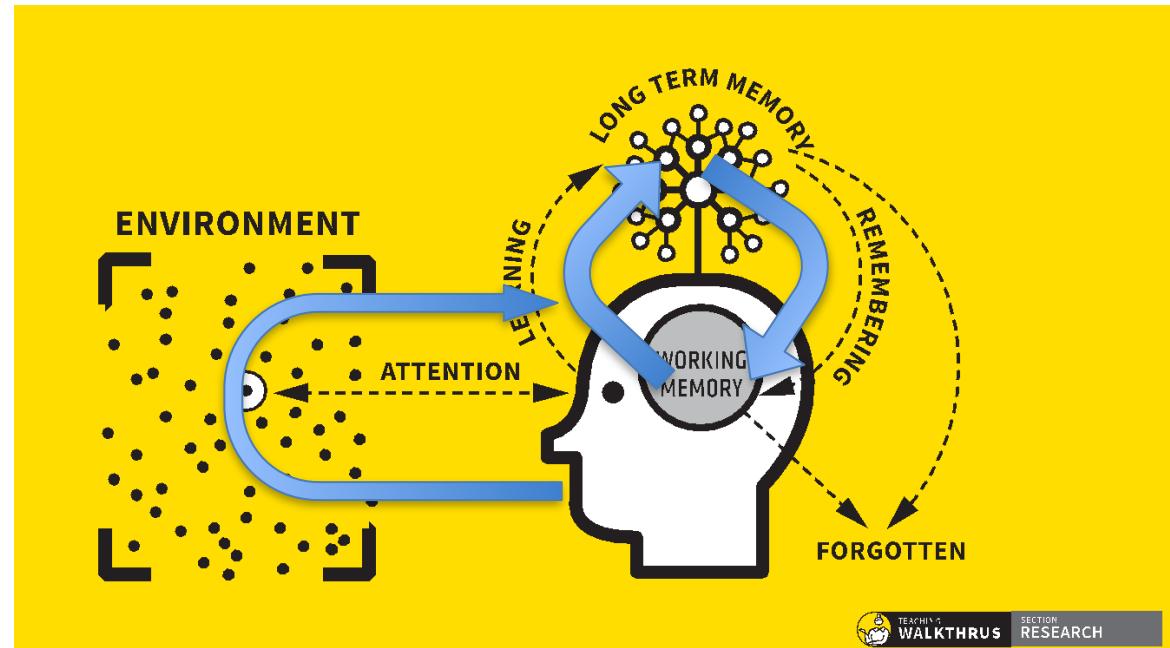


STUDENTS AS LEARNING RESOURCES



STUDENTS AS OWNERS OF THEIR LEARNING

Internal and external feedback loops





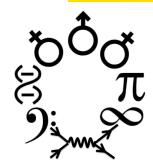
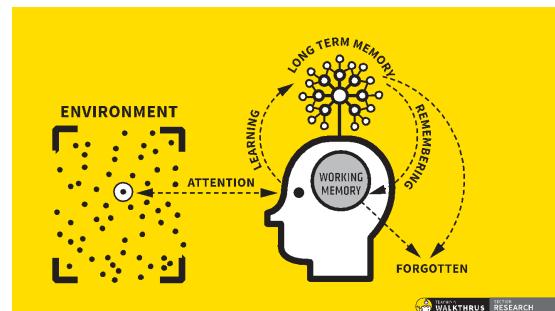
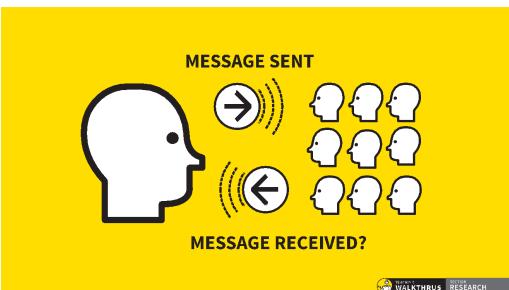
I want a quick hit of seeing everyone's answers at once....



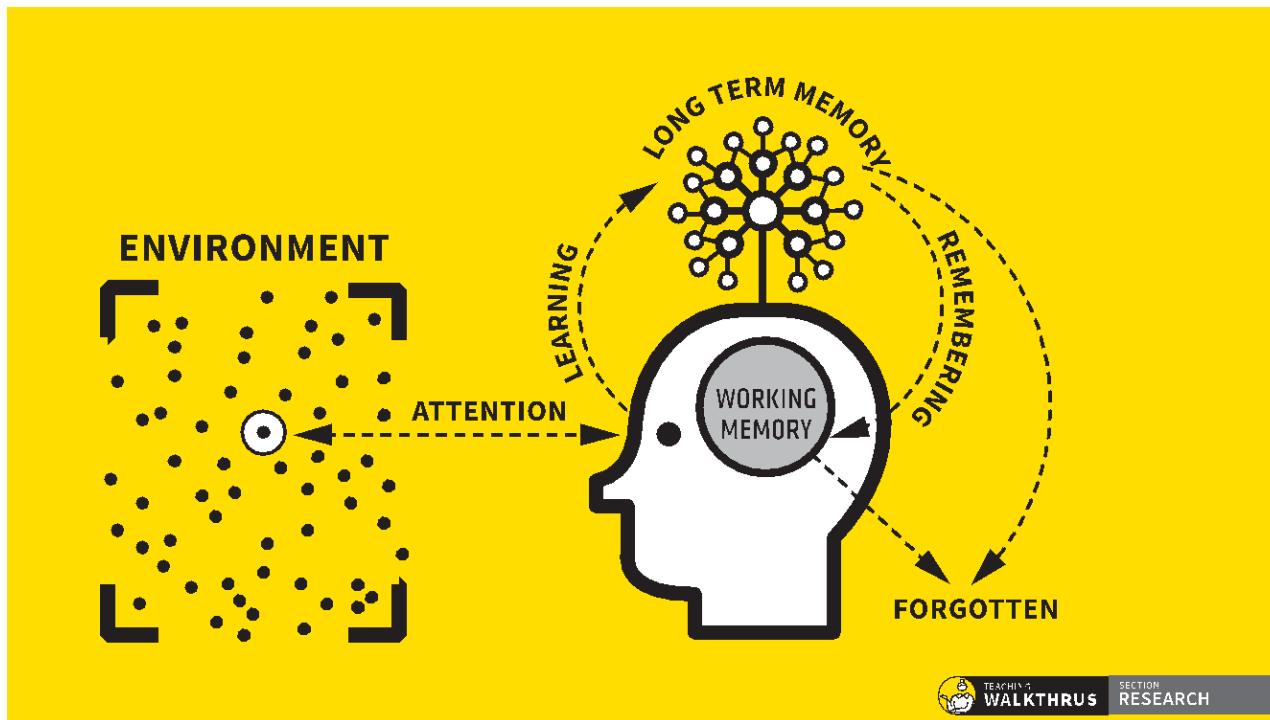
I want everyone to explore their ideas verbally and rehearse their explanations



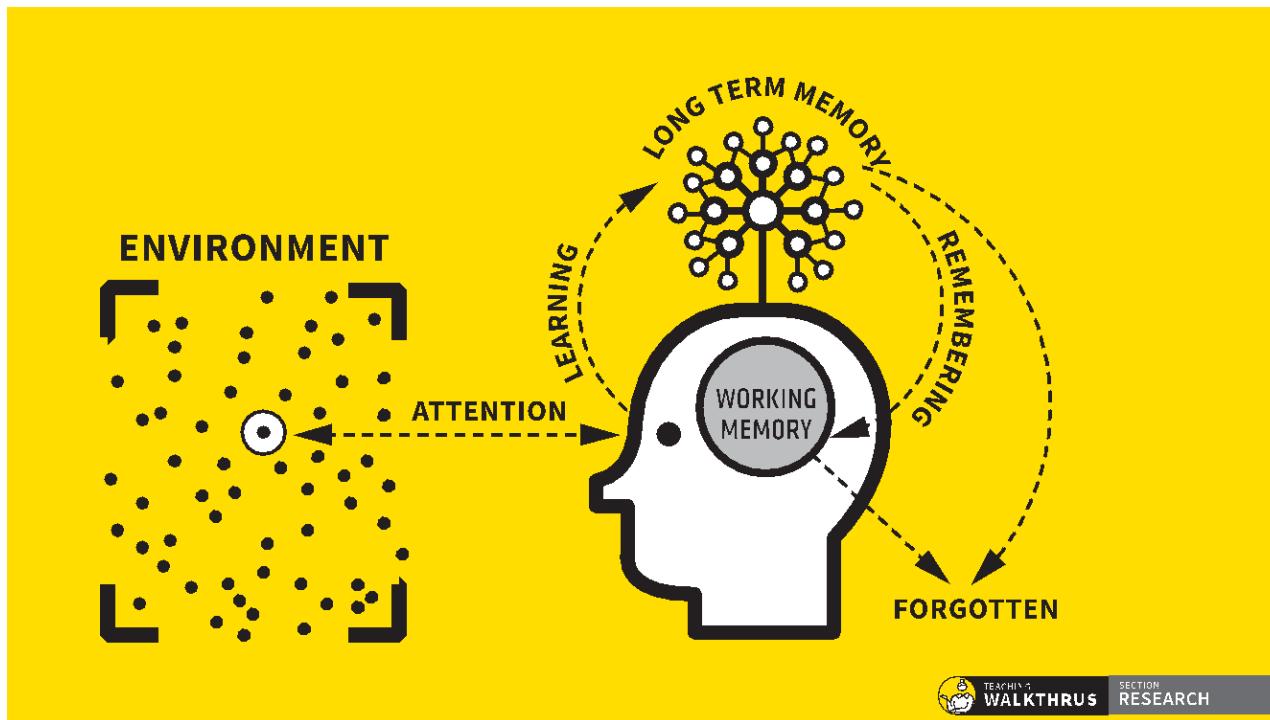
I want to explore a sample of responses in depth, with everyone thinking.



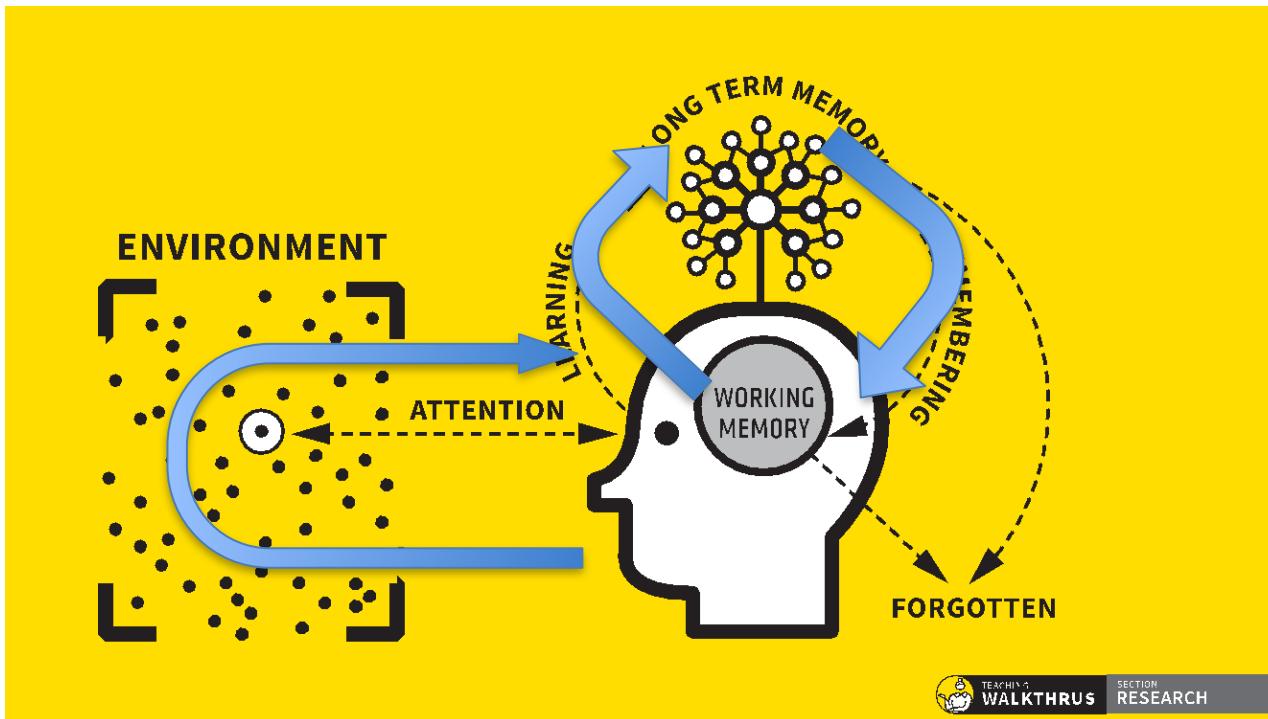
# Cold calling, Think-Pair-Share



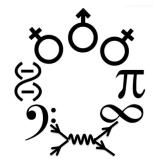
# Collaboration and group work



# Creativity in composition



Decision making, evaluation of outcomes, schema building based on the effect of our choices. Fluency with component elements.



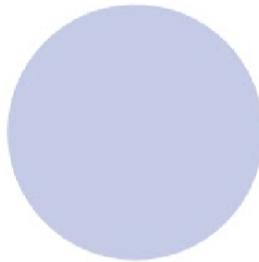
# ‘Evidence-informed wisdom’



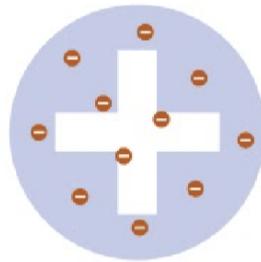
# A HISTORY OF THE ATOM: THEORIES AND MODELS

How have our ideas about atoms changed over the years? This graphic looks at atomic models and how they developed.

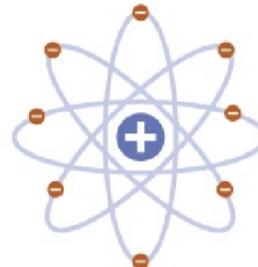
## SOLID SPHERE MODEL



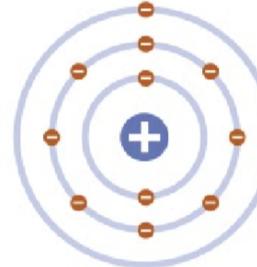
## PLUM PUDDING MODEL



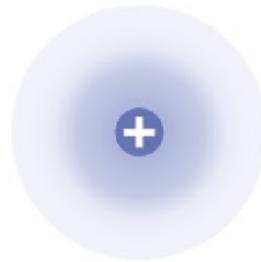
## NUCLEAR MODEL



## PLANETARY MODEL



## QUANTUM MODEL



### JOHN DALTON



1803

Dalton drew upon the Ancient Greek idea of atoms (the word 'atom' comes from the Greek 'atomos' meaning indivisible). His theory stated that atoms are indivisible, those of a given element are identical, and compounds are combinations of different types of atoms.

**+** RECOGNISED ATOMS OF A PARTICULAR ELEMENT DIFFER FROM OTHER ELEMENTS

**-** ATOMS AREN'T INDIVISIBLE - THEY'RE COMPOSED FROM SUBATOMIC PARTICLES

### J.J. THOMSON



1904

Thomson discovered electrons (which he called 'corpuscles') in atoms in 1897, for which he won a Nobel Prize. He subsequently produced the 'plum pudding' model of the atom. It shows the atom as composed of electrons scattered throughout a spherical cloud of positive charge.

**+** RECOGNISED ELECTRONS AS COMPONENTS OF ATOMS

**-** NO NUCLEUS; DIDN'T EXPLAIN LATER EXPERIMENTAL OBSERVATIONS

### ERNEST RUTHERFORD



1911

Rutherford fired positively charged alpha particles at a thin sheet of gold foil. Most passed through with little deflection, but some deflected at large angles. This was only possible if the atom was mostly empty space, with the positive charge concentrated in the centre: the nucleus.

**+** REALISED POSITIVE CHARGE WAS LOCALISED IN THE NUCLEUS OF AN ATOM

**-** DID NOT EXPLAIN WHY ELECTRONS REMAIN IN ORBIT AROUND THE NUCLEUS

### NIELS BOHR



1913

Bohr modified Rutherford's model of the atom by stating that electrons moved around the nucleus in orbits of fixed sizes and energies. Electron energy in this model was quantised; electrons could not occupy values of energy between the fixed energy levels.

**+** PROPOSED STABLE ELECTRON ORBITS; EXPLAINED THE EMISSION SPECTRA OF SOME ELEMENTS

**-** MOVING ELECTRONS SHOULD EMIT ENERGY AND COLLAPSE INTO THE NUCLEUS. MODEL DID NOT WORK WELL FOR HEAVIER ATOMS

### ERWIN SCHRÖDINGER



1926

Schrödinger stated that electrons do not move in set paths around the nucleus, but in waves. It is impossible to know the exact location of the electrons; instead, we have 'clouds of probability' called orbitals, in which we are more likely to find an electron.

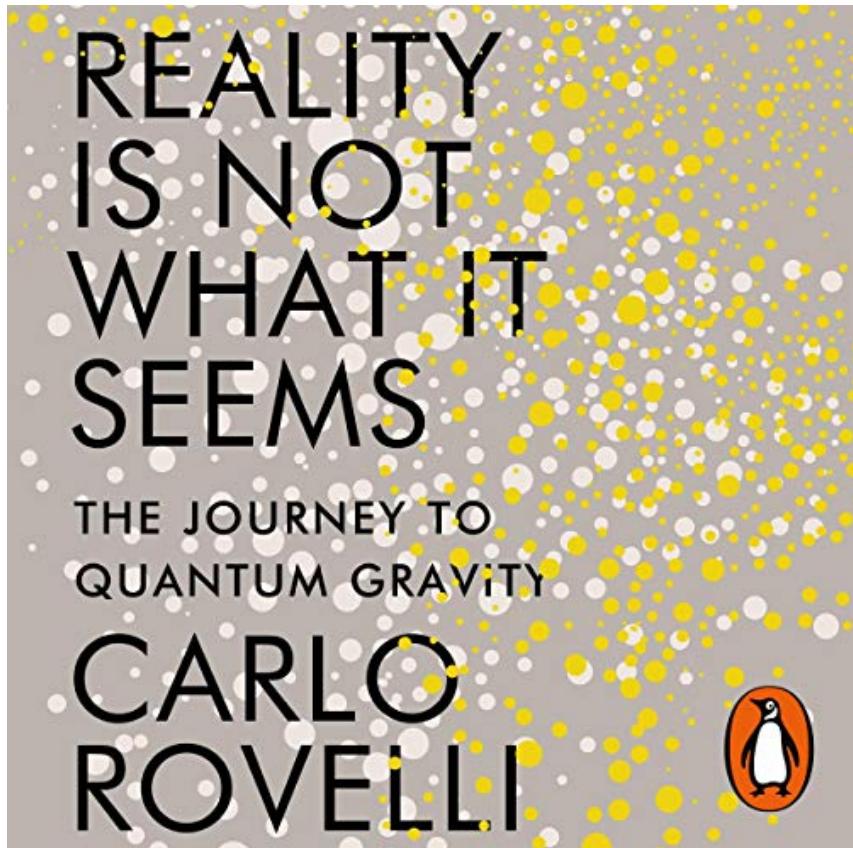
**+** SHOWS ELECTRONS DON'T MOVE AROUND THE NUCLEUS IN ORBITS, BUT IN CLOUDS WHERE THEIR POSITION IS UNCERTAIN

**+** STILL WIDELY ACCEPTED AS THE MOST ACCURATE MODEL OF THE ATOM

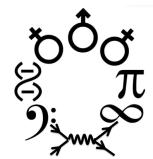


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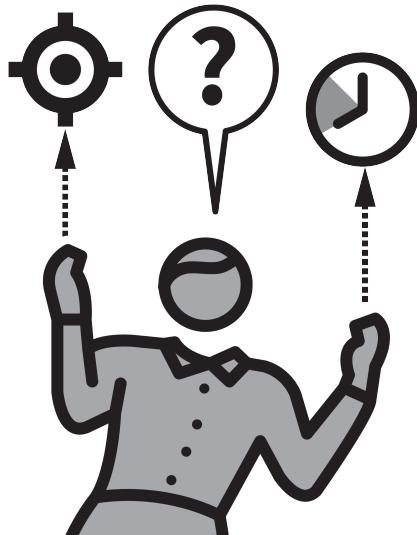




- If we are certain of nothing, how can we possibly rely on what science tells us? The answer is simple:
- Science is not reliable because it provides certainty. It is reliable because it provides us with the best answers we have at present....
- It is precisely its openness, the fact that it constantly calls current knowledge into question, which guarantees that the answers it offers are the best so far available.
- *Reality is not what it seems. The journey to quantum gravity. Carlo Rovelli 2017*



# Thank you!



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## Principles of Instruction

Research-Based Strategies That All Teachers Should Know



BY BARAK ROSENSHINE

This article presents 10 research-based principles of instruction, along with suggestions for classroom practice. These principles come from three sources: (a) research in cognitive science, (b) research on master teachers, and (c) research on cognitive supports. Each is briefly explained below.

*A: Research in cognitive science:* This research focuses on how our brains acquire and use information. This cognitive research also provides suggestions on how we might overcome the limitations of working memory (i.e., the "magical number" in which thinking occurs) when learning new material.

*B: Research on the classroom practices of master teachers:* Master teachers are those teachers whose classrooms made the highest gains on achievement tests. In a series of studies, a wide range of great teachers observed as they taught. Researchers then analyzed how they presented materials, how and when they checked for student understanding, the types of support they provided to their students, and a number of other instructional activities. By also gathering student achievement data, researchers were able to determine the ways in which the more and less effective teachers differed.

*C: Research on cognitive supports to help students learn complex tasks:* Effective instructional procedures—such as thinking aloud, providing students with scaffolds, and providing students with models—come from this research.

Barak Rosenshine is an emeritus professor of educational psychology in the College of Education at the University of Illinois at Urbana-Champaign. A former secondary school history teacher, he was the first to identify and identify the hallmarks of effective teaching. He began his career as a high school history teacher in the Chicago public schools. This article is adapted with permission from the original article by Barak Rosenshine. Published by the International Academy of Education in 2010. The original report is available at [www.the-iace.org/fileadmin/user\\_upload/Publications/Educational\\_Practices/EdPractices\\_21.pdf](http://www.the-iace.org/fileadmin/user_upload/Publications/Educational_Practices/EdPractices_21.pdf).

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Even though these are three very different bodies of research, there is no conflict at all between the instructional suggestions that come from each of these three sources. In other words, these three sources supplement and complement each other. The fact that the instructional ideas from three different sources supplement and complement each other gives us faith in the validity of these findings.

Education involves helping a novice develop strong, readily accessible background knowledge. It's important that background knowledge be readily available when knowledge is well learned and tied to other knowledge. This is why effective teachers ensured that their students efficiently acquired, rehearsed, and connected background knowledge by providing a good deal of instructional support. They provided this support

- Begin a lesson
- Present new material in small steps
- Ask a large number of questions
- Provide models
- Guide students
- Check for understanding
- Obtain a high level of performance
- Provide scaffolds
- Require and reinforce
- Engage students

## TEACHING WALKTHRUS

VISUAL STEP-BY-STEP GUIDES TO ESSENTIAL TEACHING TECHNIQUES

A John Catt Publication

TOM SHERRINGTON  
OLIVER CAVIGLIOLI

